

I feel I am reaping enormous benefits and I am learning to change my view of life circumstances. Thank you for sharing your expertise and giving me the tools to change. You truly are doing a wonderful job and I just want to let you know. Many thanks, Candace

... Again, one of the best things about your approach is spreading it out and having us take it in small steps. I am sure that real, positive change is happening in my life and I thank you for sharing your time, effort and knowledge with us. This is something that everyone needs. Larry

Man what a ride, what a dramatic difference this is making in me. My husband almost shook his head off his shoulders when responding to a question I asked him, "Am I changing or calming down?" Yes was his response but his physical reaction to the question was what stunned me. I am changing for the good in a big way. Ellen

Gosh Coach, you have made this so clear I will say that by reading your book before this course I am at a much better level to control my energy based on the effect your words have already had on me. This course has been like more keys unlocking doors to an even easier understanding. I think you've done an awesome job :-)

Jim

I was very calm and peaceful today. Even the normal annoyances didn't take over as before. This program is amazing. Hard to believe it's only been 5 weeks. This week's lesson really takes it to a new level.... inward. I am really looking forward to the new experiment / exercise. So many things have already changed. I love how you get right to the core of things and make the process so easy to understand. There is nothing to add or change. The energy is flowing and everything is being presented just right. This is my first time participating in a program like this and am really enjoying it. You are amazing! Thanks again, so much. With respect and admiration, grant

Before realchange I was resigned, angry, confused, frustrated and really mad at life in general. At this point, I can say that my view of life has softened substantially simply by being aware of and changing my energy-----actually quite amazing. Life will go on, I will go on, stuff will happen, but there is no doubt that my life has changed for the better! Thanks Coach Bob, Carole

The information is excellent, presented clearly. I think the way you present the information is clear enough for someone to change their life. Cara

You have done an excellent job. There is nothing I would change to this thoughtful course. I enjoy your delivery format, the tone is just right (not preachy),

and the blogs certainly add another layer with their thoughts, additional explanations and clarifications.

Each week there is a little nugget that brings your "realchange" concepts out so clearly. I appreciate your kindness and sharing. Linda F.

I also like when Coach Bob gives analogies - it really helps define the lesson. Now, with Coach Bob's help, I'm going to keep it simple. I believe all life's lessons and events can be handled with his training program and book. Keith

My husband has noticed the changes & I began sharing the segments with him. We've been able to have some GREAT discussions & spend time with each other to help us mold the life we want. Thanks Coach Bob for the excellent presentation. I love your introductions to each subsection & your overall approach! Sincerely, Barbara

I have experienced real change. This is a well-paced program. Joe

I couldn't list any additions. This course is exactly what I needed, just at the right time. Thanks again David

I can hardly explain how these simple, logical tools you have devised, to experience our lives in a more peaceful, less stressful way, have helped and changed my outlook on the way I have been living my life! Boy did I need to find this "real change experience" right now Gratefully, Daisy